



**Shamila Nalwada** standing is 17. Just join the Shelter after being forced by her parents to get married. She ran away from Home to the Shelter and now is learning hairdressing.

Her friend seated, is Shakra Nabasirye 18 with one child who is one year and 3 months.

She was abandoned in a house with her baby for 4 months by her boyfriend. He told her that was not ready to become a father. Thanks to FREDAfrica teenage mother's Shelter for love and for the Care you showed me Am hay and strong together with my baby. Am learning hairdressing and Beauty.



**Merida Nabwire** standing is 17 with one baby boy 4 months old. She was sexually abused by a man on her from the garden. When her dad saw her pregnant, he chased her out from the house. She had nowhere to go. One of her friends told her about the Teenage mother's shelter. She was accommodated. Merida wants to be a business woman as well as a hairdresser.

Her friend seated Grace Manake 18. She 3 months old pregnant. She was forced to marriage because her parents were given dowries (bride price). A man who took her as a husband had 3 more wives and after 2 weeks she had to run away from home to the shelter.



**Florence Nabasirye** standing is, 19 with 2 children. She has a daughter who is 2 and a son 3 months. She left her husband because he was drunk and used to beat her whenever he comes home. He was also cheating on her from other women. She did not trust her husband and decided to come at the shelter to learn hairdressing in order to earn some money in the future to continue supporting his children.

Susan Baguma seated is, 21. She has 3 children. Her husband died and the family members forced her out from the home with her children. She is also at the Shelter learning hairdressing. She wants to be a business woman with her own hairdressing shop.



**Falizah Kisakye** standing is, 19 with one daughter of 1 year old. Her parents died and left her with 3 young sisters and 2 brothers. She has no any income to support her young ones. She decided to come to the Shelter to learn hair dressing so that she earns a living and support her young sister and brothers.

Immaculate Nabakooza seated is, 21 with 2 daughters. Her husband sold her 4 pigs without her concern. When she asked why? He kicked and slapped her yet it was not the first time. He ordered her to leave with her children. She also ended up at the shelter. She is happy here learning hair dressing too.



**Glades Namayinda** standing is 16. She dropout of school due to lack of school fees. When she went back home, her Uncles wanted to get her a husband. She was give options either to accept or to go away from home. She decided to leave home because she was not ready to get married at that age. She is at the Shelter learning hairdressing. She likes netball too.

Rehema Nabakooza seated is 17 years old. Her parents died and she had nowhere to go. She came at the shelter for support and she is learning hairdressing too.

Thanks to FREDAfrica Teenage Mother's Shelter.



**Brenda Nansamba** standing is 15. She was sexually abused by her step dad. She reported the matter to the authorities who took her uncle to police and then to prison. She is still traumatised but feels happy when with her friends. She is at the Shelter learning hairdressing.

Rachael Mudondo seated is 19 and both are great friends. She has a daughter of 2 years old. Her husband abandoned her because she gave birth to a daughter with disability. He told her to leave the home with her curse. She had nowhere to go because even her parents were not willing to support her. She came at the Shelter with her daughter. She is happy to find a home with love and care for her beautiful daughter.



**Justine Nakanwagi standing** is, 15. She was staying with her grandmother who passed away and left her alone in the house. She could not support herself without any income. She is at FREDAfrica teenage mother's shelter. She is also training in hairdressing.

Madha Namubiru seated is, 15. She was sexually abused by her big brother. She conceived (pregnant) but got a miscarriage. We managed to take her to the hospital where she was attended too. When she got better, then she decided to come at the Shelter to learn hairdressing. She is happy to socialize with her age mates



**Faith Modongo** standing is 14. She dropout from school she lost her mother who was paying school fees for her. She decided to come at the Shelter to acquire hairdressing skills so that she becomes a business woman. She loves this course.

Brenda Babirye seated is 17 with a baby boy who is 3 months old. Her boy friend abandoned her when he noticed that Brenda was pregnant. Her parents refused her from coming back home. She decided to go to her elder sister who waited for her to give birth and also forced her to get married again to one of her sister's friend. Brenda came with 1 and half months old baby. She joined hairdressing and she is happy for this opportunity.



**Margret Acheng** standing is 19. She has 1year twin daughters. She ran away from her husband because he was drunkard and used to beat her. She was tired of the abusive relationship and decided to leave. Margret is learning hairdressing and she is happy because is in a place where she feels secure and caring.

Fiida Nabayaza seated is 16. She was getting forced to marriage by her dad. Her dad was exchange her for a cow from a man who was going to take her as a wife. She ran away from home to her friend Sarah who told her about the teenage shelter. She is learning hairdressing. She is happy because she managed to make it to the shelter.





**Phoebe Ntono** standing is 16. She was sexually abused by her Uncle. When she explained the matter to her mother she was told not to tell anyone because her Uncle was a great supporter to their family mainly in basic needs at home. Her Uncle continued raping her till she ran away from home. She came to the shelter for help and decided to stay. She is also learning hairdressing.

Rachael Mukisa seated is 17 with 3 months baby. She conceived (pregnant) when still at her parents' home who also told her to go and look for the person responsible for the baby. This happened 2 months after giving birth. When she talked to the person responsible he denied responsibility and left Rachael and her baby



**Oliver Wandera** standing is 19 with 2 year old daughter and 4 months old baby boy. She left her husband's home when he threatened to kill her if she continues to tell him to reduce on drinking habits. One day he kicked and battled her badly. She was admitted to hospital for one week. She decided to come to the Shelter for help. She is also learning hairdressing.

Joan Kabute seated is 15. She is 4 months pregnant. She was also sexually abused by two young boys who ran away from the village after. She was staying with her grand mothers who are also helpless. She came to the shelter for help. She chose hairdressing course and she wants to become a beautician.



**Judith Nandego** standing is 17. She was also sexually abused by her brother who threatened to kill her if she tells any one. She became pregnant and latter got a terrible miscarriage and was admitted to hospital. She was there for two weeks. She got better after and refused to go back home and came to the shelter. She is happy here and also doing hairdressing.

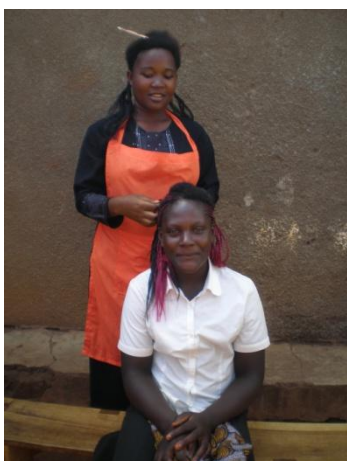
Miriam Namulondo seated is 18. She was also exchanged for a piece of land by her father from a rich man from the neighbouring village. She refused to go to this man to be his wife as his father wanted. She ran away from home and came to the shelter. She is happy here also doing hairdressing course. She wants to be a professional hair dresser.



**Sarah Nangobi** standing is 18. She has a baby girl of one and a half years. Her husband used to like sex even when she feels don't like it. He forces her several times accusing her that she might be seeing someone else. She was tired of domestic rape and being beaten every time. She also came to the shelter with her daughter for help.

She is happy and training in Hairdressing too.

Regina Nmukasa seated is, 17. She was her dad wanted her to marry a friend of his they drink together with in a bar who had promised him a motorcycle. When Regina heard this, she instead ran away from home. She is in the Shelter also doing hairdressing.



**Jessica Namakula** standing is 17. She is 4 months pregnant. A man responsible for the pregnancy ran away from her. She did not know what to do. She came at the Shelter for help. "Thanks to the Shelter's counsellors who helped and showed me hope for the future". Jessica is doing her course in Hair Dressing. She wants to be a business woman running her Hair dressing shop.

**Clare Acheng** standing is 17. She left home because her dad was sexually abusing her. He threatened to kill her if she tells any one about it. She decided to ran away from home and now she is learning hairdressing from the Shelter.



**Annette standing** is 17. She ran away from home because her elder brother who was paying for fees for her was also sexually abusing her. He told her that if she tells any about it, he will stop paying for her fees and will suffer like women in villages who never gone to school. She feared to tell anyone first until she told her friend who reported the matter to the local authorities. When her brother heard about it, he ran away and he is on police hunt. Annette, stopped staying in their house for the fear of being killed, she came at the shelter.

Sharon seated is 17. She left home after the death of her dad who was paying fees for her. She is now happy learning hair dressing.



**Elizabeth Kyakuwa** standing is 17. She has a baby boy of 5 months. Her parents chased her from home claiming that they can't support her with her baby. A person responsible for the baby had already denied responsibility saying that the baby did not belong to him and he is not the father. She came at the shelter for help and she is happy learning hairdressing.

**Emily Kisakye** seated is 17. She was exchanged for a goat and 120,000 shillings (\$ 40). She did not know what to do. She had to go with the man. After 3 days, she heard about the shelter and ran away from this man's house to the shelter. She is doing hair dressing and happy for her course.



**Sharon Tushabe** standing is 17. She got pregnant when still at home and her dad was not happy. Sharon is a Mukiga by tribe. This tribe when a girl conceives from her parent's home and without parents knowing, it is an abomination and shame for the family. The only punishment for this is, the girl has to be thrown in a deep fall traditionally. She had to run away from home. She came at the shelter and after she got miscarriage. She is in Hairdressing.

**Justine Namusoke** seated is 21. She has 3 children. She lost her husband who died of HIV. She had nowhere to go and decided to come at the shelter. She is also training in Hairdressing.



## TAILORING PROGRAM

This is another course within the Shelter. Some of teenage mothers who are training for their certificates under this course. This course has 79 teenage mothers.

Below are some of the teenage mothers in this course.



**Laaza Scovia** left is 18 with 2 twin sons. Her husband told her that in her family they don't have twins therefore she was not ready to be a dad for the two twins. Scovia came to the shelter for help where she was accommodated and she is doing tailoring.

**Susan Namuyiga** Right is 17 with a daughter 6 months old. Susan's daughter is disabled and it is the reason why her parents chased her from home saying that the child was a curse to their family. She is happy for tailoring course.



**Prossy Balamu** left is 18. She was sexually abused by dad who also threatened to kill her if she tells any one. She only had to run away from home to the shelter.

**Christine Naigaga** right is 17. She came to the shelter for help after her told her that he is looking for her a good husband who will marry her. When she said no for her dad's decision, he disowner her from being her dad and chased her away from her house. She is in Tailoring section too.

Chose a teenage mother or a pair of them to sponsor today. Help them to have hope for the future. We believe in women helping women. Make a difference in our lives together with our children. We know we are not alone and never lost hope.

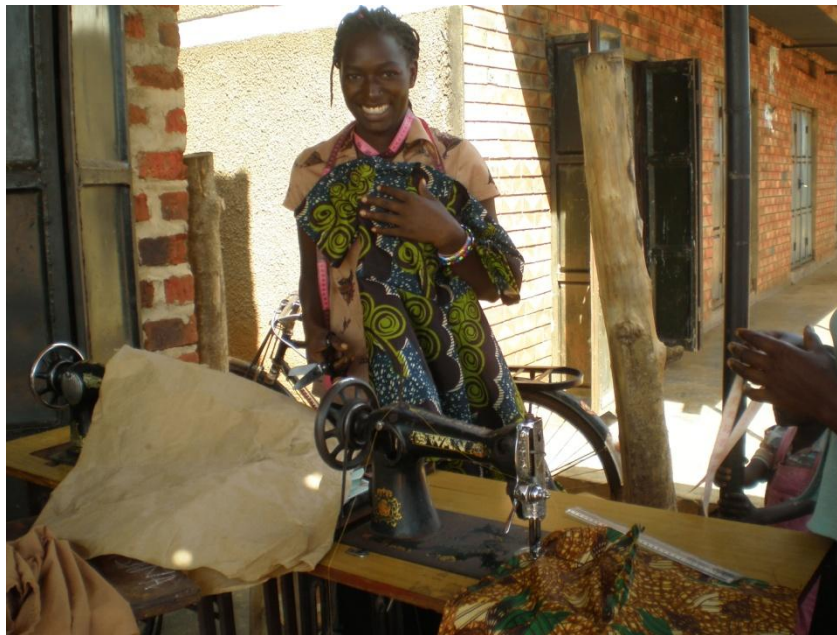
**We are looking forward to your support.**

**Thanks for Changing the World for one.**



**Agnes Akol** Left is 16. She dropout from school because her grandma was not able to meet her school bills. A man promised to help her to pay for her school fees but on conditions of being his wife. She decided to come to the shelter for help. She is happy learning.

Helen Bwire is 18 with a 2 years old daughter. She came at the shelter after having heard that there great skills your young mothers. She wants to be a fashion designer she loves what she is doing



**Viola Mukama** is 19 with 2 children. A girl and a boy. She was forced to marriage at early age. She was kicked out of the house by her husband because she burnt food when she was breast feeding. She ended up at the shelter where she is learning tailoring skills.

There are still many more pictures of the teenage mothers at the shelter training in the above mentioned courses.

**We welcome any possible material support to continue support these mothers.**



